

Christmas & Chinese New YearPromotion

01 December 2012- 28 February 2013

Wishing you



Magic

This Christmas & Always

ICCC Members entitle 20% discount on all Facial, Eyebrow embroidery & Slimming Treatments.

Call : 012-5113390/

016-5274285/ 05-2422233 Ext : 304

for apointment with us now.

Terms & Conditions apply

Class Timetable at the GYM

MONDAY

7.15pm- 8.15pm **Pilates** coming Soon

WEDNESDAY

6.00pm- 7.00pm **Pilates** Started

7.15pm- 8.15pm **Yoga** Started

FRIDAY

6.30pm- 7.30pm **Yoga** Started

FEES: MEMBER X4 SESSIONS =RM40
GUEST X4 SESSIONS =RM50



PLANET MUSCLE
EXERCISE CENTRE

If interested please register at the 1st floor Gym of Ipoh City & Country Club or more enquiry call 012-5078863/ 0165274285.